

Fidelity Assessment of the Application of CalOMS Discharge Codes

The purpose of this assessment is to inform our efforts to improve CalOMS-Tx Discharge Measurement. Please read each scenario and select the best answer that describes it.

Scenario 1

Jim is a Prop 36 client in an outpatient program. According to Jim's treatment plan he must complete 90 days of treatment and abstain from use of his primary drug. Jim completes 90 days of treatment and is interviewed on the data of his last service to collect CalOMS-Tx outcome data. Jim reports that he has abstained from his primary drug. Jim's counselor advises that Jim attend twelve-step meetings.

His Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 2

Steven is in a residential program. According to the treatment plan, Steven must complete 60 days of residential treatment which should be followed by 120 days of outpatient counseling (Steven will be referred to outpatient treatment at the time of discharge from his residential service). At the end of the 60 days of residential care, Steven has remained sober. At the discharge interview, Steven stated that he felt that he was doing well and would not need the referral to outpatient counseling for further treatment; however, the counselor suggested that he could still benefit from outpatient treatment as defined in the treatment plan.

His Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 3

Dan has been in methadone maintenance for three years. During this time, his urine tests were free of illicit drugs and he has maintained employment. However, Dan's Medi-Cal benefits are ending, so he begins an administrative taper from his methadone dose and has decided to leave the program against medical advice. The treatment program staff schedule a date for Dan to be interviewed to collect the CalOMS-Tx discharge data, but Dan does not show up for the appointment. The program staff makes several attempts to contact Dan to interview him by phone but are unable to reach him.

His Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 4

Alex is in an outpatient program. He is unemployed and is not seeking employment. According to the treatment plan, Alex is to complete 90 days of treatment, during which time he should seek employment and make plans to complete his GED. Upon the 90-day discharge scheduled interview, Alex reported no use of his primary drug and that he had signed up for a course to earn his GED, but he had not pursued employment and had only participated in 50 days of treatment. On the day of Alex's discharge, the treatment counselor interviews Alex to collect the CalOMS-Tx discharge data. Alex's treatment counselor also suggested he complete the remaining 40 days of treatment as planned. Alex indicated he does not feel he needs to complete the remaining 40 days of treatment.

His Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 5

Mary is in outpatient treatment reporting cocaine as her primary drug and alcohol as her secondary drug. She is the mother of two children, both of whom have been removed from her custody. According to the treatment plan, Mary needs to complete 120 days of treatment and

consult with the family reunification counselor at the program. Mary stopped attending treatment after 78 days. While in treatment, she had met with the family reunification counselor. A week following Mary's 78th treatment day, Mary's treatment counselor contacted Mary to conduct a discharge interview. During the discharge interview, Mary reported that although she had stopped using cocaine, she continues to drink alcohol and smoke marijuana occasionally. Mary's treatment counselor advised that she return to the program to finish her treatment days, but Mary declined the counselor's referral to continue treatment.

Her Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 6

Carrie is a Prop 36 client in an outpatient program. Carrie's treatment plan is for her to complete 120 days in outpatient, abstain from AOD use, and to remain free of jail days, prison days, and/or arrests. After 15 days of participation in the outpatient program, Carrie relapses, stops attending treatment, picks up a probation violation, and is ordered to attend residential treatment at another program. The outpatient program has not seen Carrie in over 30 days and despite many attempts to contact Carrie the program is unable to locate her.

Her Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 7

Jackie was admitted to a narcotic treatment program. According to the treatment plan, Jackie is to be prescribed methadone and to attend counseling sessions 3 times a week. After 3 weeks in treatment, Jackie was taken into custody and is currently serving a 6-month sentence on unrelated charges.

Her Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)

- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Scenario 8

Elizabeth is in an outpatient treatment program. She was instructed that she would have to complete six months of treatment, abstain from use of her primary drug and secondary drug. Elizabeth has been in treatment 2 months but has missed some appointments. Elizabeth has abstained from use of her primary drug but has increased use of her secondary drug. Concerned, Elizabeth's treatment counselor schedules a time to discuss her treatment progress and refer her to a more intensive level of treatment. The treatment counselor collects the CalOMS-Tx discharge data from Elizabeth and refers her to a 30-day residential treatment program.

Her Discharge Code should be (select one):

- a. Completed Treatment/Recovery Plan Goals – Referred (code 1)
- b. Completed Treatment/Recovery Plan Goals – Not Referred (code 2)
- c. Left Before Completion with Satisfactory Progress – Referred (code 3)
- d. Left Before Completion with Satisfactory Progress – Not Referred (code 4)
- e. Left Before Completion with Unsatisfactory Progress – Referred (code 5)
- f. Left Before Completion with Unsatisfactory Progress – Not Referred (code 6)
- g. Death (code 7)
- h. Incarceration (code 8)
- i. There should not be a CalOMS discharge in this situation.

Fidelity Assessment Answer Sheet

Answer for Scenario 1: b - completed treatment/recovery plan goals – not referred

Jim should be discharged using “completed treatment/recovery plan goals – not referred” because he has accomplished the goals of his treatment; to abstain from drug use and participate in 90 days of treatment. Jim is not being referred for further AOD treatment and has reported his CalOMS-Tx outcome data in his discharge interview.

Answer for Scenario 2: a - completed treatment/recovery plan goals – referred

Steven should be discharged under code 1 (a above) because his treatment plan included completion of 60 days of residential treatment, which was to be followed by 120 days of outpatient treatment. This is an example of a planned treatment episode and Steven has completed the first service in his planned episode (60 days of residential treatment). Though Steven does not wish to move onto residential treatment his outpatient treatment counselor referred him to a residential treatment program and Steven completed a discharge interview.

Answer for Scenario 3: d – left before completion with satisfactory progress – not referred

Discharge code 4 (d above) is most appropriate for Dan’s situation. This is because Dan was making good progress in accomplishing the treatment plan goals; i.e. Dan’s urine tests were negative, he maintained employment, and consistently participated in treatment. However, Dan’s benefits ran out and he opted to discontinue treatment against the advice of his treatment provider. Further, the program could not contact Dan to collect the CalOMS-Tx discharge data from him, so the program must discharge him administratively.

Answer for Scenario 4: c- left before completion with satisfactory progress – referred

Alex’s discharge status would be c because Alex’s treatment counselor identified three treatment goals for Alex: complete 90 days of outpatient treatment, seek employment, and make plans to obtain his GED. Alex completed only 50 of the planned 90 days of service and arranged to earn his GED but he did not seek employment. Alex was also available to be interviewed so his counselor could collect his CalOMS-Tx discharge data.

Answer for Scenario 5: e left before completion with unsatisfactory progress – referred

Like Alex, in scenario 4, Mary only partially completed the goals of the treatment plan developed by her treatment counselor. Mary’s treatment goals were to complete 120 days of treatment and meet with a reunification counselor. Though, Mary met with a reunification counselor she completed only 78 of the planned 120 days of treatment. Though Mary declined the referral, her treatment counselor referred her to finish the remainder of her 120 days. Mary also completed a CalOMS-Tx discharge interview. Therefore, the discharge status that best fits and enables the provider to report Mary’s outcome data is “completed treatment with unsatisfactory progress - referred.”

Answer for Scenario 6: f – left before completion with unsatisfactory progress – not referred

Carrie should be administratively discharged using discharge code 6 (f above). This is because Carrie participate in only 15 days of her planned 120 days of treatment, relapsed, and violated her probation; so, Carrie did not make much progress in completing the goals of her treatment plan. Further, Carrie could not be located by her outpatient program to collect the CalOMS-Tx discharge data. Though Carrie was referred to a residential program after violating her probation, this referral was not made by her treatment counselor and the outpatient program is unaware of the referral Carrie received for residential treatment.

Answer for Scenario 7: h – incarceration

Jackie's situation requires that the program discharge her under discharge code 8 (incarceration). Since Jackie was arrested prior to completing the goals of her treatment the program cannot refer her or collect CalOMS-Tx data from her.

Answer for Scenario 8: e – left before completion with unsatisfactory progress – referred

This is the most appropriate discharge status for Elizabeth because she missed some appointments and increased the use of her secondary drug. Elizabeth's treatment counselor referred her to a different type of treatment service and collected the CalOMS-Tx data from her.